

THE
Freakiest



CHALLENGE
2020/21



INFO & RULEBOOK

ENGLISH

The Freakest Challenge is free to join, open to athletes from all over Europe and has two divisions: Official Teams and Individual Adaptive. The team competition only accepts one team per box, 2 males and 2 females, and it must be the owner or Head Coach who confirms who the members of that official team are.

1 PHASES

The competition has 2 phases: the Online Qualifier and the Final.

A. ONLINE QUALIFIER

The Online Qualifier of this 6th edition consists of 3 workouts that will be announced between November 20th and November 23rd through the official website and the @fittestfreakest instagram account. The results of those three workouts must be registered in the official website www.ff-challenge.com starting December 30th and before December 20th at 23:59 (CEST).

It is mandatory to record the video of each of the workouts so that the results can be checked and validated. Videos must be uploaded to youtube and the link included in the form during the score submission process.

No formal registration is required, once the results are registered correctly the registration to the competition will be completed.

It is essential to complete the 3 workouts of the online qualifier for the submission to be considered valid and the team/athlete accepted as a candidate to participate in the final.

B. THE FINAL

Only 8 teams and 8 individual adaptive athletes will access the exclusive Superfinal of February 6-7th to be held in Barcelona.

2 FORMAT

The format of the final is elimination rounds of 1 x 1 duels. Minutes before the start of the final, a public draw will define the order of play and elimination rounds to the final.

3 TEAMS

The Freakest Challenge only accepts 1 team per box, consisting of 2 male and 2 female athletes. It will be the responsibility of each Owner or Head Coach to determine and validate the members of the team that represent their box.

The team members are not 100% fixed. It is not mandatory that the team members who complete the online qualifier are the same as the ones that participate in the final. However, changes are only allowed between phases, no changes will be accepted once the Online qualifier or the final have started.

It will not be mandatory for athletes to demonstrate a specific relationship with the box they represent although it is understood it must exist.

An athlete may not change teams or be part of multiple teams during the same edition of the competition.

4 DATES

ONLINE QUALIFIER

WORKOUT ANNOUNCEMENTS
November 20th to November 23rd

DEADLINE TO REGISTER THE RESULTS
December 20th at 23:59 (CEST)

FINAL

February 6th-7th in Barcelona.

5 REGISTRATION

Participation is free. Participating athletes must all be over 18 years of age.

No specific registration is required, once the results of the online qualifier have been correctly registered, the registration will be completed.

A. ONLINE QUALIFIER

Participation in the online qualifier will be made through the recording and registration of the results of the 3 qualifying workouts and the corresponding videos where the result is unequivocally displayed.

Each video must start with a small introduction specifying the name of the Box that is being represented, and a clear presentation of the correct equipment to be used according to the standards of the qualifying workout.

The teams may perform the online qualifier anywhere, as long as it complies with the instructions in this section and the official workout standards. The results may only be registered once, and it is mandatory that they are accompanied by the youtube link of the video related to the registered result.

It is not necessary for the entire team to be present during the recording of all online qualifier workouts.

The organization will check the videos of the qualifying teams in order to verify that the registered results are correct and comply with the required standards.

B. THE FINAL

The organization will contact each of the qualifying teams and individual athletes via email. Teams and athletes must respond within 48 hours confirming they accept the invitation to participate in the final.

6 REWARDS

Teams and individuals participating in the Barcelona final will receive athlete packs from the organiser and the sponsoring brand, and free accommodation for one night in Barcelona. The champion will also receive the Freakest Challenge Trophy .

7 ACCEPTANCE

By registering, participants give their consent to THE BOX BROTHERS S.L and the main sponsors of the event to, by themselves or through third parties, process their personal data automatically and exclusively for sport, promotional or commercial purposes. In accordance with the provisions of Organic Law 15/1999, of December 13th, on the Protection of Personal Data, the participant has the right to access this information in order to rectify or cancel completely or partially its content. In addition, and according to the sports, promotion , distribution and exploitation interests of the Freakest Challenge participants authorize expressly and without temporary limit THE BOX BROTHERS SL the use of photos, videos and any other type of photographic or audiovisual material in which they may appear, accepting the publication of their names through all channels including media, cinema and / or Internet, without expecting any compensation for this concept.

8 INFORMATION

For more information please contact the organization by email at info@fittestfreakest.com, or by phone at +34 93 855 32 20 from Monday to Friday from 10 a.m. to 2 p.m.

9 ACKNOWLEDGEMENT

All athletes who want to participate in the 5th Edition of The Freakest Challenge must have sufficient knowledge and experience in high intensity functional training and be able to perform whatever exercise is established in the competition.

The Organization of the competition reserves the right to include any exercise in the competition program, being the responsibility of the participant to meet the needs and standards of each of the workouts designed.

This event will be photographed, recorded and disseminated in different media, including social media (Facebook, Twitter, etc.) that the organization deems appropriate. The organization understands that all participants who complete the registration accept the conditions described above.